

AGREEMENT FOR SEXUALITY COUNSELLING/THERAPY SERVICE

Date *

Objectives of Counselling are varied and so it is important to discuss with your counsellor your hopes and expectations resulting from a counselling process.

Confidentiality All information is treated as confidential except when there is a mandatory duty to report the counsellor's reasonable opinion of client's self-harm or harm to others. In legal proceedings, a court of law has the power to issue an order (subpoena) to produce documentation. Counsellors may discuss some aspects of client's matter with their professional supervisor, but due care is taken to protect client's identity.

Benefits of Counselling cannot be guaranteed because it is an interactive process that relies heavily upon the client, their responses and openness, and the issues in question. Each person has different perceptions and expectations. Many people experience positive and constructive outcomes which vary according to the individual.

Risks can be associated with counselling because of dealing with issues and areas of people's lives that may expose them to a wide range of feelings, reactions and moods including physical signs and symptoms. Sometimes, these reactions can cause disruptions in their daily life and commitments and in extreme circumstances lead to the desire for self-harm and/or to harm to others. It is imperative that you talk to your counsellor about any personal situations that may be seriously affected by any such adverse reactions together with any previous feelings of self harm or harm to others.

To get the best outcome from the counselling process, the client is required to:

1. Attend every scheduled session.
2. Share your thoughts and feelings openly with the counsellor.
3. Complete any homework tasks set by the counsellor.
4. Ask for clarification about any of the counselling activities being undertaken.
5. Discuss any doubts or concerns you have with the counsellor.

Qualifications and Expertise Dr Ramanathan hold triple postgraduate qualifications in sexual health including a PhD - all from the University of Sydney. Dr Ramanathan is a practitioner-academic with over 15 years of professional experience and expertise in the field, across Australia and India. He is a registered member (Lvl 2) of the Australian Counselling Association (ACA) and an accredited clinical member of the Society for Australian Sexologists (SAS). A summary of your Dr Ramanathan's qualifications and experience is available on the following websites - [Integrated Sexual Healthcare](#) and the [University of Sydney](#).

Methodology and Approach Dr Ramanathan always use recognised therapeutic approaches to counselling which are widely used by professional counsellors and psychosexual therapists. Dr Ramanathan is **subject to professional, ethical requirements and abides to the Code of Practice of both the ACA and SAS**. If you have any questions or concerns, please raise these with Dr Ramanathan and only proceed if you are comfortable.

I have read this section and understood. *

TERMS & CONDITIONS

FEE SCHEDULE (as of Feb 2023)

	In-person	Virtual (Zoom)
Initial consultation (70minutes)	\$160	\$140
Follow-up consultation (45min/60min)	\$110/\$140	\$90/\$120

Note:

- ISH operates by private billing only.
- **NO** Medicare or private health insurance rebates available at this point in time.

- Concession available for pensioners and full-time students.

Payment of fees:

Fee payable by Electronic Fund Transfer, a minimum **24hrs before** the scheduled time, for either in-person or online consultation. Failure to receive payment could result in cancellation or rescheduling of appointment.

PayID - 04 50 40 4585 or

BSB 082-356 **A/C** 71-636-9284 (NAB)

Reschedule/Cancellation: If you need to reschedule/cancel an appointment, please give at least 24-hour notice. Less than 24-hour notice, 50% of usual fee and in-case of no-show, 100% of usual fee will be invoiced.

Late to appointment: Please be on-time for your appointment (in-person or virtual). Grace time of 10min (max) will be given. Attending your appointment past the grace time will reduce your booked time with the practitioner (e.g if you turn 15min late, you will be allocated only 45 instead of your original booked time of 60 min).

Referrals: Dr Ramanathan will not attempt to assist you in areas beyond his expertise but may refer you to another professional with the relevant skills. ISH receives no financial benefit for referrals.

Records are created, kept securely and remain the property of ISH. A copy will be available to you upon request for which a small fee is payable. Generally, ISH retains the records for 7 years but also reserves the right to responsibly dispose of records at any time, after the termination of the client relationship.

Privacy: Australian Government Privacy Legislation applies to information collected by ISH.

Complaints: Should be raised with the counsellor initially, thereafter you may be directed to the professional body (Australian Counselling Association or Society for Australian Sexologists) to which Dr Ramanathan is a professional member.

I have read, understood and agree with the terms and conditions. *

First Name *

Last Name *

Date of Birth *

Email ID

Signature *
